

### **Brush Bunny – Model A: Wet Brushing (toothbrushing at a sink)**

Each child (under supervision) is responsible for collecting their toothbrush from the Brush Bus

Toothpaste is dispensed on to a plate by the supervisor and scooped on to each child's toothbrush by the supervisor, unless the children are felt able to undertake this task

The amount of toothpaste used should always be stressed, only a pea size piece!

The toothbrushing takes place at the identified sink area

Ideally, no more than two children should be at each available sink. They must be supervised and encouraged to spit excess toothpaste into the sink

Tissues/paper towels must be available and disposed of immediately after use in a bin

After toothbrushing the toothbrushes can either be:

i. rinsed at the sink area if available by each child under cold running water and returned to their slot in the Brush Bus (under supervision)

OR

ii. returned by the child to their slot in the Brush Bus and then the Supervisor rinses each toothbrush individually under cold running water and returns it to the Brush Bus

After rinsing of the toothbrushes is complete, the child or the supervisor should shake off any excess water into the sink. Toothbrushes should not touch the sink

Paper towels should be used to mop up all visible drips on the storage system

Sinks should be rinsed following this activity

### **Brush Bunny - Model B: Dry Brushing (toothbrushing without access to a sink)**

Each child (under supervision) is responsible for collecting their toothbrush from the Brush Bus

Toothpaste is dispensed on to a plate by the supervisor and scooped on to each child's toothbrush by the supervisor, unless the children are felt able to undertake this task

The amount of toothpaste used should always be stressed, only a pea size piece!

Children may be seated or standing while toothbrushing takes place

After toothbrushing is completed, children should spit excess toothpaste into either a disposable tissue, disposable paper towel or disposable cup

Tissues/paper towels or cups must be disposed of immediately after use in a bin

After toothbrushing the toothbrushes can either be:

i. rinsed at the sink area if available by each child under cold running water and returned to their slot in the Brush Bus (under supervision)

OR

ii. returned by the child to their slot in the Brush Bus and then the Supervisor rinses each toothbrush individually under cold running water and returns it to the Brush Bus

After rinsing of the toothbrushes is complete, the child or the supervisor should shake off any excess water into the sink. Toothbrushes should not touch the sink

Paper towels should be used to mop up all visible drips on the storage system

Sinks should be rinsed following this activity