

ANNUAL WINTER SCIENTIFIC CONFERENCE 2016

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IRISH DENTAL HYGIENISTS ASSOCIATION

RADISSON BLU, LITTLE ISLAND, COUNTY CORK
FRIDAY 14 & SATURDAY 15 OCTOBER 2016

main sponsor





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*A survey of Dental Hygienists in the UK, Eaton et al (2012).

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*Frequency of use increases the likelihood of habit formation (Lally et al 2010).



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Dear Colleagues,

It is with a warm welcome that I invite you to Cork to our Annual Winter Irish Dental Hygienists Association Scientific Conference on Friday 14th and Saturday 15th October 2016. It follows on from a hugely successful 1.5 day conference in Dublin last year. Again Friday afternoon will be dedicated to workshops only. There will be 3 workshops that will each be repeated 3 times, and this allows delegates the chance to attend all 3 workshops. Saturday will be dedicated to lectures only; it will also include our AGM for IDHA members only and a HSE meeting. Both days will have a fantastic trade support.

As President of the IDHA, I have the great pleasure of working with a wonderful team of dedicated Dental Hygienists who together have produced a programme of lectures and workshops of the highest standard.

Once again we have attracted excellent speakers and fantastic workshops, all of which will carry CPD points awarded from Dental Council, 10.25 CPD points have been awarded to date

Our conference theme is 'Innovate, Integrate, Motivate'. The world of Dental hygiene is an exciting area in which to work and study, we'll continue to meet and bring inspired people together at scientific meetings like this, to ensure the Irish Dental Hygienists Association remains at the cutting edge of this industry.

We hope that our conference program will help to inspire,

enthral and motivate you once you go back to work on Monday morning!

On Saturday the Kin Dental Hygienist of the Year Award will take place. This is a fantastic opportunity to showcase the talent and enthusiasm from IDHA members. All finalists will be presented with a certificate and the winner will be awarded a €1000 educational bursary. Good luck to all finalists, looking forward to guessing who the winner might be!

As always we have fantastic support from our trade colleagues, without their support our conferences would not be possible. I'd like to personally thank TePe UK for their support as main sponsor. Be sure to spend some time in the trade exhibition area; see what it holds for you! Take a glimpse at the products on display throughout our conference and get your questions answered by on-site representatives.

We are also extending the invitation to all members of the dental team. It is a great way to network with peers, it provides ample opportunity to catch-up with friends, upskill and lay the groundwork for future collaborations.

At last year's conference we supported 'Dylans Path to Walk' through a raffle we raised €390, this year we will be supporting 'The Gavin Glynn Foundation'; which was suggested by a committee member after learning about the charity from a patient. In 2011 Gavin was diagnosed with a rare form of



Louise Fleming RDH
President Irish Dental
Hygienists Association

cancer at 18 months old known as Rhabdomyosarcoma, which is a cancerous (malignant) tumour of the muscles that are attached to the bones. After a brave battle Gavin sadly died in 2014. All proceeds from our annual raffle will go towards this very worthy cause of helping to send children abroad for pioneering surgery.

As is customary we encourage you to join us in the bar afterwards on Saturday for a post conference drink.

On behalf of myself and the IDHA committee, I thank both IDHA members and non-members for attending. Without you, this meeting would not be as great a success as it is.

We look forward to meeting you all in Cork 2016.

Best regards
Louise.

CPD POINTS Our Lectures and workshops will be approved by Dental Council

Elaine Tilling

Elaine qualified as a dental hygienist in the Royal Air Force (RAF) in 1982, serving at home and abroad in clinical and teaching roles. Elaine is now employed as the Clinical Education and Project Manager for TePe UK Ltd. Elaine is an active member of the British Society of Dental Hygiene and Therapy (BSDHT), and a member of the Publications committee for Dental Health. Her wider interests within health promotion have led to the development of smoking cessation, and oral cancer awareness training for the dental teams.



Commended Hygienist of the year UK & Eire 2014 at the The Dental Awards. Recently she was awarded Highly Commended child dental health initiative 2015. Siobhan is a clinical support adviser for Tepe and an opinion leader for Dentsply. She is a Dental Hygiene business coach implementing dental hygiene departments into general dental practices in the UK & Ireland. She is the co-owner of DentalCPD. expert.



obtained his MFDS from the Royal College of Surgeons of Edinburgh in 2001, and completed his Masters degree in Periodontics at the University of Minnesota, USA, in 2004.

Dr Rachel Doody

graduated from Trinity College Dublin in 1998. She gained her MFD in 2001 from the Royal College of Surgeons in Ireland and completed her Masters in Periodontology at the University of Minnesota, USA in 2005. She is currently working in private practice limited to periodontics and surgical implant dentistry in Booterstown, Co. Dublin. Recent topics of publication and presentation include the role of host factors in periodontal disease progression and smoking cessation.



Judy Caesley

Judy qualified as a dental hygienist in the Royal Air force (RAF) from the Institute of Dental Health and Training (IDHT) in 1990. She currently shares her time as a Education & Clinical Support Specialist for TePe Oral Hygiene Products Ltd, and a Tutor Dental Hygienist at the University of Bristol. She also works in private practice in Bath to maintain her clinical skills and competencies. She is an active member for the British Society for Dental Hygiene and Therapy (BSDHT) South West South Wales Regional Group and is involved in Peer Review of BSDHT clinical journal submissions.



Kellie O'Shaughnessy

graduated in Dental Hygiene (Hons) from UCC in 2004. Further studies and a passion for Health Promotion led to the development of The Dental Den, recognised through various associations throughout Ireland and won numerous awards. Having completed an MA (Health Promotion) she has been presenting for dental conferences both in Ireland and abroad, and is a lecturer for the Dental Nurse and Dental Management & Oral Health Promotion programme's in Aihlone IT. Kellie is an opinion leader for Dentsply. She is the co-owner of DentalCPD.expert.



Professor Anthony Roberts

is Professor / Consultant in Restorative Dentistry at Cork University Dental School and Hospital, Ireland. He is Head of the Restorative Department, Clinical and Academic Lead of the Dental Hygiene programme and his clinical service and academic focus is in the field of Periodontology.



Siobhan Kelleher

is the owner of DentalHygienist.ie and practices in Co Cork, Ireland. An honours dental hygiene student from UCC in 2002. She was awarded Best Dental Care Professional 2014 and Highly

Barry Dace

Barry works in full-time clinical practice limited to Periodontics and Implant Dentistry in Booterstown, Dublin. He graduated from dental school at Queen's University, Belfast, in 1999, after previously graduating from Queen's in 1997 with a degree in Microbiology. He



Marina Harris

Marina qualified in 1984 as a Dental Hygienist from the Royal Air Force Institute of Dental Health and Training. Marina has wide experience both within general dental practice and the educational setting, and is currently involved in hands on

research. Alongside her professional education, Marina has studied and graduated in the fields of the social sciences, law, and is halfway through her PhD, which is exploring stress and well-being in the Dental Hygienist and Therapist undergraduate environment. Marina is also a Local Advisor with Dental Protection; she represents the UK on the P&G Dental Hygienist Global Advisory Board; and is a Past President of the British Society of Dental Hygiene and Therapy.



Catherine Waldron

Catherine completed a Masters by Research in 2009 and a Masters in Health Promotion in 2011. She is currently studying full time for a PhD in Special Care Dentistry. She has always been actively involved in her professional associations and is a past president of the Irish Dental Nurses Association and Irish Dental Hygienists Association and a past Vice-President of the International Federation of Dental Hygienists. She is currently the Membership Officer for the IDHA. Catherine has worked as a self employed dental hygienist in a variety of general and specialist dental practices, in the Maxillo-Facial Unit of St James's Hospital Dublin and in the Dublin Dental University Hospital, firstly as a tutor and then as lecturer and Director of the Dental Hygiene Programme.



Dr Jennifer McCafferty

graduated from the Dublin Dental University Hospital with honours and received the Public & Child Dental Health Award in 2005. In 2007, she successfully completed the MFDS examination in the Royal College of Surgeons of Ireland. In September 2009 Jennifer commenced a 3 year, full time Clinical Doctorate Programme in Paediatric Dentistry in the Dublin Dental Hospital. Her research involved carrying out a randomised controlled clinical trial assessing the retention of fissure sealants placed with the addition of a bonding agent. In July 2012 she received first class honours and the Dean's Prize for her Clinical Doctorate. Jennifer now works full time between Citygate Specialist Dental Clinic and the Bon Secours hospital in Cork.



Dublin City University, Maynooth University, and Khartoum University, Sudan.

Dr Rory Maguire

graduated from the Cork Dental School and Hospital in 2001 and worked as House Surgeon in Restorative Dentistry in the Cork Dental School and Hospital. In 2004 he commenced a three year full-time Masters in Periodontology in Trinity College Dublin from which he graduated in 2007 with 1st class honours and undertook the Fellowship in Dental Surgery of the Royal College of Surgeons in Ireland. In 2014 he completed his Ph.D clinical and microbiological investigation of peri-implant infections. Dr Maguire is in private practice limited to periodontics and implant dentistry in Dublin.



Eleanor O'Sullivan

Dr. Eleanor O'Sullivan is a Senior Lecturer in Oral Surgery, Cork University Dental Hospital, UCC and Member of Regional Head & Neck Cancer MDT; she is involved in the on-going clinical care of cancer patients from diagnosis to palliation. She has been actively involved in HNC research for over 15 years, completing a Doctorate in Oral & Pharyngeal Cancer and an MSc in Palliative Care (KCL). Past-Chair of MHNCAI; she played a lead role in the development and implementation of the National Mouth Cancer Awareness Day. She is involved in collaborative research with National Cancer Registry (NCRI),



Dr Christine McCreary MD

FDS(OM)RCPS FFD RCSEd, graduated in dentistry (1983) and medicine (1991) from Trinity College Dublin. She completed her higher training in oral medicine in Dublin and subsequently worked as a Senior Lecturer/Consultant in oral medicine in the Dublin Dental School and Hospital from 1997 until 2002. She then moved to take up a new senior lecturer/consultant appointment in the dental school in Cork and set up the oral medicine service there. Research interests include, Patient Reported Outcome Measures, the use and appropriateness of Quality of Life instruments in oral medicine, oral lichen planus and oral dysaesthesia management.



FRIDAY 14 OCTOBER

TIME	WORKSHOP
1-2.00pm	Registration & Trade Exhibition
2.00/2.45 & 4.00pm	Ms Elaine Tilling RDH/Ms Judy Caesley RDH - Perio Screening: when size and weight (really) matters <i>sponsored by Tepe</i>
2.00/2.45 & 4.00pm	Ms Siobhan Kelleher RDH & Ms Kellie O'Shaughnessy RDH MA (Health Promotion) - Manual Scaling and Cavitron use for the Dental Hygienist <i>sponsored by Dentsply</i>
3.30-4pm	Tea & Coffee, Trade Exhibition
2.00/2.45 & 4.00pm	Dr Barry Dace & Dr Rachel Doody - Clinical Workshop - Periodontal Treatment Planning for the Dental Hygienist <i>sponsored by Curaprox</i>
4.45-5pm	Close of Meeting / Trade Exhibition

SATURDAY 15 OCTOBER

TIME	MAIN SESSION
8-8.45am	Registration, Tea, Coffee & Trade Exhibition
8.45-9am	Opening of Meeting - Ms Louise Fleming RDH
9am-9.45am	Prof Anthony Roberts - The Effective Prevention of Periodontitis and Peri Implant Diseases - The Knowledge Gap <i>sponsored by Tepe</i>
9.45-10.30am	Ms Marina Harris RDH - Science, Technology, and Oral Health: The Power is in our hands <i>sponsored by Oral B</i>
10.30-11am	Tea & Coffee, Trade Exhibition
11-11.15am	Ms Catherine Waldron RDH MSc MA (Health Promotion) - Lowdown on Xylitol
11.15am-12.00pm	Dr Jennifer McCafferty - Preventative dental care from tots to teens
12.00-1pm	IDHA AGM/Trade Exhibition for non-members
1.00pm	Lunch & Trade Exhibition
1.30-2pm	HSE meeting
2-2.45pm	Dr Eleanor O'Sullivan - Caring for Patients with Cancer
2.45-3.30pm	Dr Rory Maguire - Improving Treatment Outcomes in our Periodontitis Susceptible Patients <i>sponsored by J&J</i>
3.30-4pm	Tea & Coffee, Trade Exhibition
4-5pm	Dr Christine McCreary - Oral Medicine - New Developments and Old Conundrums
5-5.15pm	Kin Dental Hygienist of the Year 2016 Award <i>sponsored by Pamex Ltd</i>
5.15-5.30pm	Close of Meeting
5.30pm	Drinks Reception

Please note each workshop will be:

- 45 minutes long
- Repeated 3 times throughout the day
- Start times are 2.00pm, 2.45pm & 4pm

Please choose a workshop to start with, then move to the next room for the next workshop until you have attended all 3 workshops

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The IDHA would like to take this opportunity to thank all of our Trade Sponsors for their continued support.

IDHA Registration Form

CONFERENCE REGISTRATION

**Closing date for Early Registration:
14th September 2016**

(Please tick)	Fri & Sat Early Reg	Fri & Sat Late Reg	Friday only	Sat only
Students	€50 <input type="checkbox"/>	€50 <input type="checkbox"/>	€50 <input type="checkbox"/>	€50 <input type="checkbox"/>
Dental Nurse	€60 <input type="checkbox"/>	€60 <input type="checkbox"/>	€60 <input type="checkbox"/>	€60 <input type="checkbox"/>
IDHA member	€95 <input type="checkbox"/>	€110 <input type="checkbox"/>	€60 <input type="checkbox"/>	€85 <input type="checkbox"/>
Non IDHA (including dentists)	€185 <input type="checkbox"/>	€200 <input type="checkbox"/>	€175 <input type="checkbox"/>	€175 <input type="checkbox"/>

Free Social Events: *(Please indicate your attendance)*

Saturday Lunch Free
 Drinks Reception Free
(post conference drinks reception)

Dental Council registration number

GDC registration number

if registered in U.K.

To avail of IDHA rates you must be an IDHA member, please join the association first on www.idha.ie then register for the conference to avail of these discounted rates.

Name:

Print delegate name attending:

Address:

Email:

Telephone:

Total Payment:

Payment Method:
 Cheque Postal Order Bank draft
(made payable to Irish Dental Hygienists Association)

PAYPAL available through www.idha.ie

Paid by:

on behalf of:

Signature:

Please Return to: Ms Catherine Waldron, Membership Officer Irish Dental Hygienists Association, 131 Rockford Park, Blackrock, Co. Dublin.

RATES:

€94.00
 based on single
 occupancy B&B

or

€104.00
 based on
 double or
 twin occupancy
 B&B per night



Radisson Blu Hotel & Spa, Cork

Friday 14 & Saturday 15 October 2016



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